Science Adventure School Packing List

The following equipment will be **provided to you** for your use during the duration of the camp.

* Tents
* Sleeping Bags
* Cots
* Sleeping Pads

The below equipment is equipment that **you will be expected to bring** with you to camp. Whenever possible, *students should bring non-cotton clothing*. Students will be living outside for the week and cotton clothing loses its insulating ability when wet (it will rain). It also takes a long time to dry, so wet cotton clothing becomes a safety issue and liability. **Cotton clothing should be kept to an absolute minimum.**

**Feet:**

* + 2 Pairs sturdy close toed shoes (boots or running shoes)
	+ 4 – 5 Pairs of socks (non-cotton if possible)

**Head:**

* + 1 Warm Hat
	+ 1 Sun Hat/Brimmed Hat (optional)

**Upper Body:** (Items should be synthetic/non-cotton where possible)

* + 4-5 synthetic T-shirts
	+ 2-3 Long sleeve synthetic shirts
	+ 1 Warm Insulating layer (e.g. Fleece)
	+ Extra warm layers as needed **(It will be colder than you think!)**
	+ Gloves (optional)

**Lower Body:** (Items should be synthetic/non-cotton where possible)

* + Undergarments as needed
	+ 2-3 Pairs athletic shorts
	+ 1 pair long underwear (tights/spandex/fleece pants)
	+ 1-2 Pair Pants (no Jeans)

\*\*If there are items missing from your list, consider borrowing gear or buying used. Thrift stores often have plenty of non-cotton clothing! If you cannot find the appropriate clothing or have additional questions, please email SAS@mail.wvu.edu or call 304-293-7190.

 **Rain Gear:**

* + 1 Waterproof rain jacket
	+ 1 Pair Waterproof rain pants

**Hygiene:** (Bring travel size when possible)

* + Toothbrush and Toothpaste
	+ Lip Balm
	+ Sunscreen and Bug Spray
	+ Shower Supplies
	+ Other Toiletries (deodorant etc…)
	+ Small Towel
	+ Required Medications
	+ Glasses/Contact with a back-up (As Needed)

**Other:**

* + Duffel bag or Rubbermaid Bin (To pack everything in)
	+ Daypack
	+ 1-2 Water Bottles (1 liter or larger)
	+ Headlamp or flash light (with fresh batteries)
	+ Journal/Notebook with pens/pencils
	+ Watch (optional)
	+ Sunglasses (optional)
	+ Bandannas (optional)
	+ Crazy Creek/Camp Chair (optional)
	+ Travel Pillow (optional)
	+ Dirty clothes bag (a trash bag or grocery bag will work)